



#### Gender Equality and Food Security in Emergencies

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# Agenda

- Introduction: gender equality and food security
- Gender integration in food security needs assessments

# Video: Gender and food security



https://www.youtube.com/watch?v=\_HwdrdPUzsY

# **Gender equality**

Gender equality does not mean that men and women should be treated as identical, but rather that access to opportunities and the exercise of rights should not depend on a person's sex. Equal opportunities must have a direct impact on the effective exercise of women's rights.

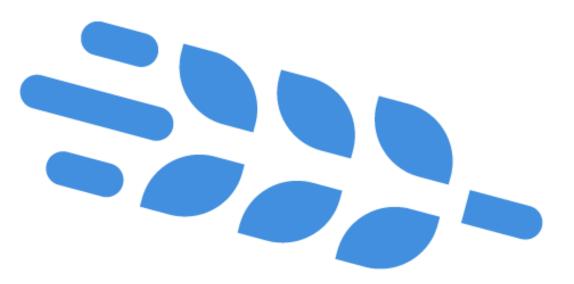


### SUBSTANTIVE EQUALITY

Substantive equality implies changing the circumstances that prevent people from fully exercising their rights and having access to development opportunities through structural, legal or public policy measures.

> Entidad de las Naciones Unidas para la Igualda de Género y el Empoderamiento de las Mujere

Gender Equality and food security in Humanitarian action





#### Why is gender equality fundamental to humanitarian action?

### Gender inequalities existed even before the crisis

Crises affect women, girls, men and boys differently because of their different status and roles in society. This situation can be extrapolated in times of crisis as well as their access to the resources and services they need to resist and recover. Integrating gender equality into any humanitarian action ensures inclusive, effective, efficient and empowering responses.

When women, men, girls, boys and LGBTIQ+ people are included equally in humanitarian action, the entire community benefits.

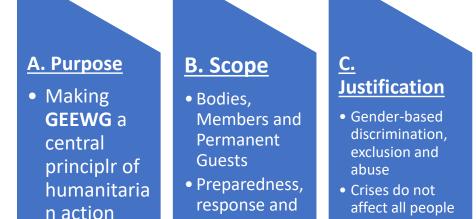
#### Agents of change!

Same rights to receive food and nutritional assistance Different needs, experiences and concerns before/during/after

Basis for rights-based recovery and development Guarantee protection of women's, men's, girls' and boys' rights



Gender Equality and Empowerment of Women and Girls (GEEWG) Policy in Humanitarian Action: 2017



recovery

- equally
- Structural gender inequalities
- GEEWG: Human rights

#### **D.** Policy Statement

• The IASC is committed to the objectives of the **GEEWG** in humanitari an action.

#### **E.** Principles and standards

- **Principles**
- Standards
- Programs
- Organizational practices for meeting programmatic commitments

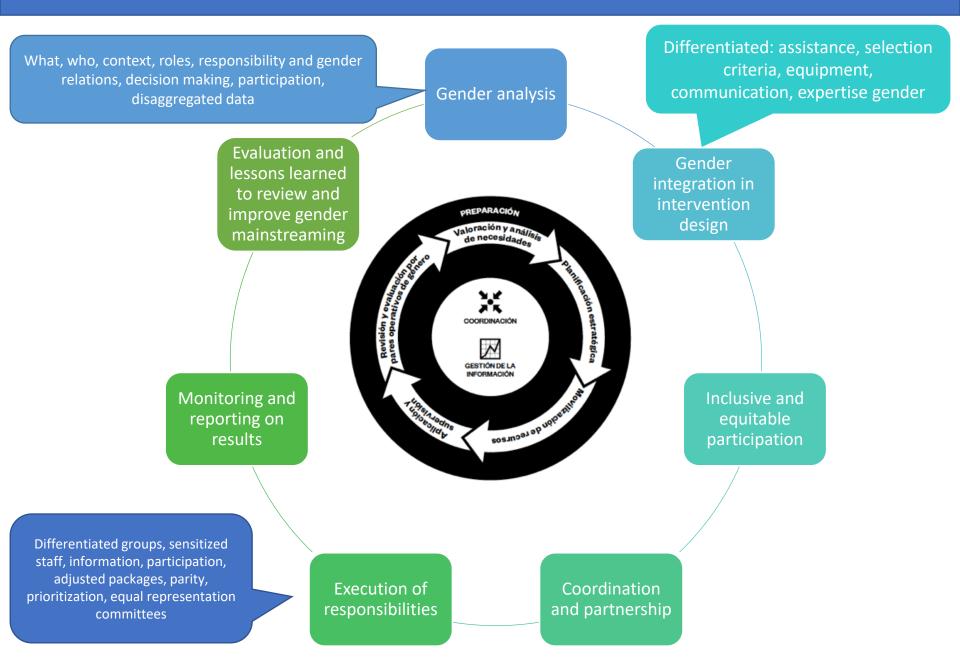
#### F. Roles and Responsibiliti es

- Global Level
- Field Level

**GENDER TRANSFORMATIVE AND RIGHTS-BASED APPROACHES ACCOUNTABILITY FRAMEWORK** 



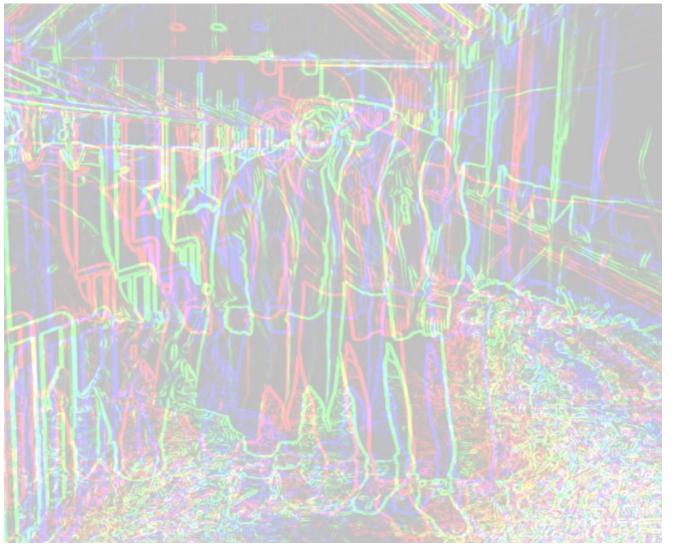
#### Transformative gender mainstreaming in Humanitarian Programming Cycle



### Integrating Gender Equality in Humanitarian Needs Assessments

### **Food Security and Livelihoods**

# **Gender analysis**



# It is a tool!

# We use it to observe the world...



# ...as it is in real terms

# And to ensure a relevant and qualified response



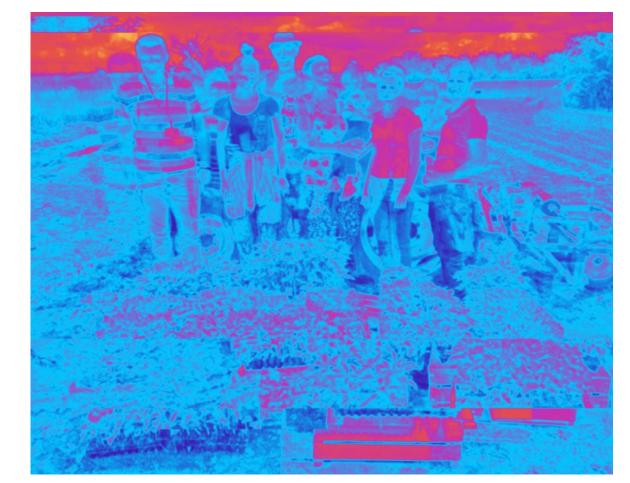
### Do we know



who is in front of us when we respond?

# **Gender lenses**

They give us a clear picture of the objective:



# Is it a man? It is a woman?

# Do we recognize their needs?



### Do we realize about their differences?

# Not only gender, But also ...



age, ethnicity, rural/urban, social class, sexual orientation, gender identity, gender identity, etc....

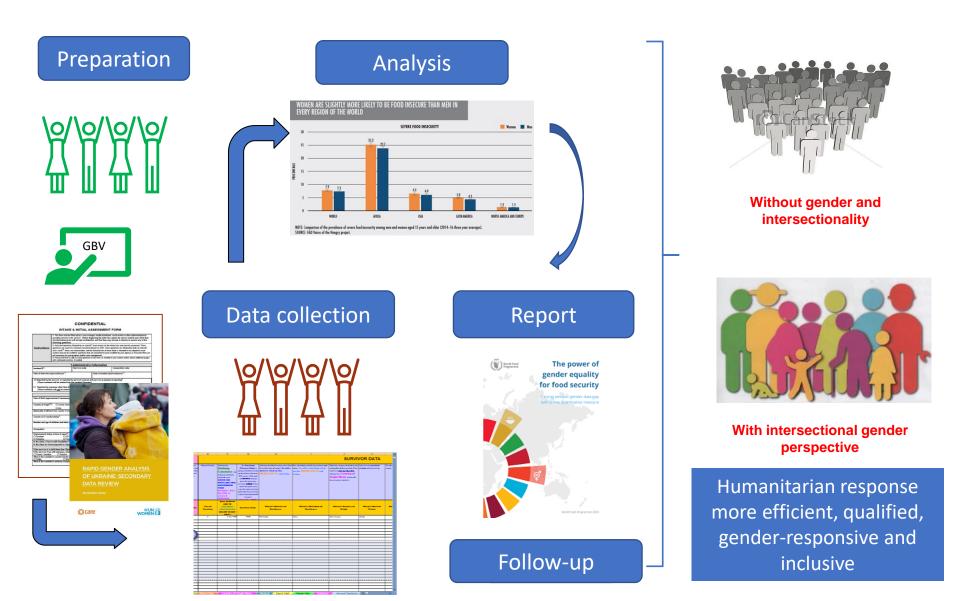
### The gender analysis is a tool to observe ...

that reality is made up of Women, Men, Girls, Boys, and LGBTIQ+ people.

With different characteristics, opportunities, needs and

EQUAL RIGHTS

#### **Minimum Key Gender Actions in Needs Assessments**



#### Preparation





RAPID GENDER ANALYSIS OF UKRAINE: SECONDARY DATA REVIEW 29 MARCH 2022

WOMEN

🗘 care

- Be aware of your personal values, attitudes and beliefs
- Gender balance in the evaluator team
- Gender adviser
- Training on gender equality, GBV and PSEA
- Review RGA and **secondary information**
- Integrate key gender measures in methodology and tools:
  - Gender and age of informants
  - Different forms of households
  - Gender and GBV questions
  - Separate focus groups with women and men
  - Women in translation teams
- Contact women and LGBTIQ organizations (Rural Women's Business Network)

# Gender and food security in Ukraine

#### Rapid Gender Analysis. Findings on food security:

- Ukrainian women are primarily responsible for food security and nutrition within their household
- Shortages of food, water and energy supplies. Food supplies have diminished, and prices are increasing quickly
- Women are eating less and facing barriers to access to nutritious food
- · Risk to fall deeper into emergency levels of hunger and malnutrition impacting particularly

women and children in some regions

• Rise of gender-based violence (GBV), more specifically domestic violence

#### Gender inequality prior to the war:

- Prevalence of moderate or severe food insecurity among women has increased from 17.3 percent in 2019 to 28.9 percent in 2021 and among men from 13.3 to 24 percent in the last two years (FAO)
- For female-headed households, which were already significantly food insecure (23 per cent, compared to the 13 per cent of male-headed households) the situation is particularly grave
- In 2020, women's employment rates were lower than men: 51 per cent versus 62 per cent. Increasing unemployment by 30 per cent
- Unequal distribution of unpaid work, which is predominantly performed by women. Married women in Ukraine spend an average of 24.6 hours per week on domestic chores, compared to 14.5 hours for married men
- 92.2 per cent of single parents in Ukraine are mothers, 34 who often manage care, domestic and income-generating work
- Female labour force participation rate in Ukraine has declined from 67 per cent in 1991 to 60.8 per cent in 2021
- The employment rate of women aged 25–44 with children aged 3–5 was 52 per cent. The employment rate of women who did not have children aged 3–5 was 20 percentage points higher (71 per cent).
- Employed women have less access to finances compared to men: the gender pay gap between women and men in Ukraine is 23 per cent.
- Women constitute two thirds of those living in dire circumstances and in need of state benefits and social support

#### Rapid Gender Analysis. UN Women and CARE. April 2022.



RAPID GENDER ANALYSIS OF UKRAINE: SECONDARY DATA REVIEW





# Key questions on gender and food security

#### **Food** access

- Is there any gaps/difference in the number of meals consumed in the last days compared between women, men, boys and girls?
- Are there gaps between the average earnings of femaleheaded compare with male-headed of households?
- In the past 2 months, did you have income that you could use without asking for permission from anyone? (yes/no)
- What specific constraints do women, girls, men and boys face to access to food?
- What are the preferred food distribution methods and locations for women, men, persons with disabilities and elderly

#### Food availability

- In your household, are you the person who spends the most time doing housework, such as cleaning, cooking, and/or caring for children or other household members?
- Do you have your own account with a bank or other financial institution, such as a savings, current/transaction, or checking account? Please do not think about accounts that you share with others.
- In the past 12 months, did anyone in your household take money you earned, received, or had saved, without your permission?
- In the past 12 months, has housework, such as cleaning, cooking, and/or caring for children or other household members prevented you from doing paid work, if you wanted to?

#### **Food utilization**

- Are there differences in dietary needs, preferences and restrictions for women, girls, boys and men?
- Have been identified the differentiated nutritional deficiencies for women, girls, boys and men?
- Are there differences in the prevalence or incidence of major diseases for women, girls, boys and men?
- Do women, girls and boys face any barriers to access to safe water, sanitation and hygiene that affect food security

#### Data collection

 Actively involve diverse groups of women, girls, boys, men, and LGBTIQ+ persons in their diversity (age, disabilities, ethnicity, etc. as relevant). Not only male head of households

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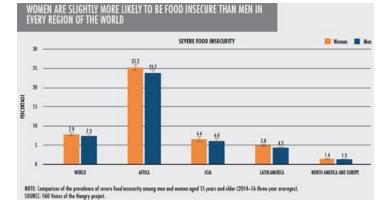
- If possible and safe, develop **participatory methods**
- Ensure informed consent and the information management with confidentiality, privacy, and safety



 If possible and safe, information on GBV risks. Do not collect information on GBV cases/incidents. When any incident is identified, refer to specialized services.

# Analysis

- **Disaggregate the data** at least by gender and age, and if possible, by disabilities, and ethnicity.
- Integrate gender analysis and statistics of findings on differentiated drivers, risks, priorities, vulnerabilities, and capacities, considering intersectionalities (age, ethnicity, sexual orientation, disability, etc.).
- Validate the analysis by sharing with, and obtaining feedback from, key, diverse stakeholders. Revise accordingly.





### Report



- Include gender recommendations/strategies of intervention according to the findings (planning, targeting, advocacy, monitoring, and evaluation).
- **Disseminate** the report with different groups of gender in their diversity

Follow-up

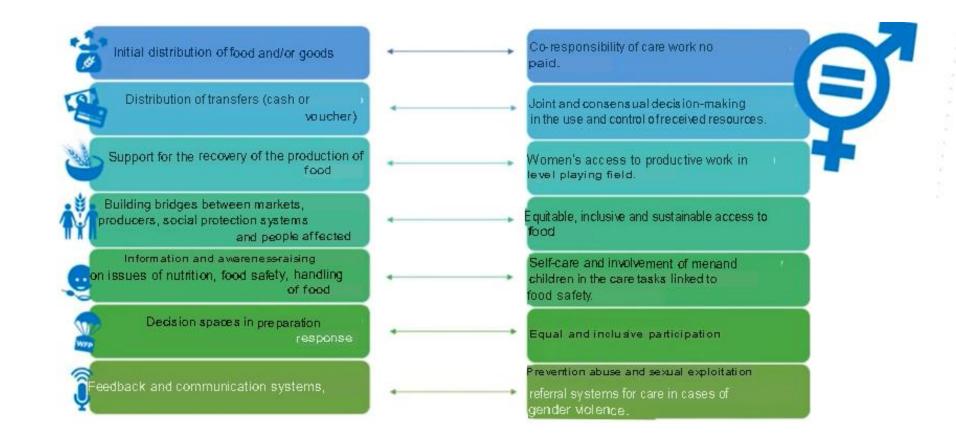


- Monitor gender integration of the recommendations in programming
- Involve women's and LGBTIQ+'s organizations/leaders in monitoring

# Gender integration in food security



#### WHAT is a gender intervention in food security in emergencies?



# Recommendations for gender mainstreaming in humanitarian response



Identifying specific needs and integrating gender equality into preparedness and response

Collecting and analyzing data by sex, gender and age Be alert to the risk of violence, abuse and exploitation Ensure active participation and leadership of women, girls, adolescents and LGBTIQ persons

#### **Gender equality tools on Food Security**







Gender Equality in Humanitarian Action (IASC): Food Security

Tip-sheets – IASC Gender with Age Marker: Food Security

Gender Toolkit (WFP): guidelines, videos, etc.

How to promote gender equality through impartial and joint needs assessments (UN Women)

Gender and Food Security Analysis (WFP)

The power of gender equality for food security (WFP)

IASC's Guidelines for Integrating GBV Interventions in Humanitarian Action: Food Security and Agriculture

#### Wear gender lens...

