**Exclusive breastfeeding your child**

From 0 (birth) - 6 months

**Every 6 months** take your child under the age of 5 years for deworming and Vitamin A supplementation.

**RUTF and RUSF are meant for the malnourished children should not be shared**

**All children under the age of five years should be screened for malnutrition regularly (monthly)**

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**WASH Cluster Key Messages**

Please always wash your hand with running water using soap or ashes before eating or feeding food to a baby or any other person.

Please hand wash your hands with or ashes after defecation.

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**Health Cluster Key Messages**

If a child shows loss of weight or has body swelling with skin problems, take the child immediately to the nearest health facility.

If a pregnant or breastfeeding woman is seen to be losing weight, take her immediately to the nearest health facility.

If a child or pregnant woman has fever and vomiting and diarrhea more than 3 times in an hour, immediately contact health workers in your area and go to the nearest health facility.

Pregnant women and children must take all required vaccination at the health facility.

Pregnant women and children must follow the advice of a health worker and complete medicines as directed.

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**FSL Cluster Key Messages**

Ensure full participation and inclusion of the needs, challenges, capacities and opportunities of women, men, boys and girls;

Food assistance will not last forever so invest in your farming, fishing, livestock and the education of your children;

Put farming first by growing more in the fight against food insecurity: prepare your field, secure your seeds and cultivate;

Healthy animals produce healthy people: vaccinate and treat your animals, provide supplementary feed when you can.

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**Contacts:**

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WASH Cluster: washclusterjuba@gmail.com