Exclusive breastfeed your child from 0 (birth) - 6 months

Every 6 months take your child under the age of 5 years for deworming and Vitamin A supplementation.

RUTF and RUSF are meant for the malnourished children and should not be shared.

All children under the age of five years should be screened for malnutrition regularly (monthly).

Please always wash your hand with running water using soap or ashes before eating or feeding food to a baby or any other person.

Please prevent any human and animal open defecation around the house and the water source.

Please wash your hands with soap or ashes after defecation.

If a child shows loss of weight or has body swelling with skin problems, take the child immediately to the nearest health facility.

If a pregnant or breast feeding woman is seen to be losing weight, take her immediately to the nearest health facility.

If a child or pregnant women has fever and vomiting and diarrhea more than 3 times in an hour, immediately contact health workers in your area and go to the nearest health facility.

Pregnant women and children must take all required vaccination at the health facility.

Pregnant women and children must follow the advice of a health worker and complete medicines as directed.

Ensure full participation and inclusion of the needs, challenges, capacities and opportunities of women, men, boys and girls;

Food assistance will not last forever so invest in your farming, fishing, livestock and the education of your children;

Put farming first by growing more in the fight against food insecurity: prepare your field, secure your seeds and cultivate;

Healthy animals produce healthy people: vaccinate and treat your animals, provide supplementary feed when you can.

Contacts:
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