



KEY MESSAGES –WFP FOOD DISTRIBUTIONS June 2020

- COVID-19 which is also called coronavirus is a highly infectious illness. The symptoms are fever, dry cough, and tiredness, shortness of breath/difficulty in breathing (severe cases). Many people recover from the illness but it can cause severe sickness or death in some, especially the elderly and people with other health conditions.
- COVID-19 is transmitted from person-to-person through droplets of saliva or discharge from the mouth or nose. In other cases it can be spread if people have the virus droplets on their hands or when speaking or interacting for a long period. The best ways to prevent catching COVID-19 are to regularly wash your hands with soap, don't touch your face, and stay 1 metre away from other people.
- WFP has made changes to the way it is delivering food assistance keep everyone safe from COVID 19. These changes are temporary but will likely be in place for the next 4-6 months until the COVID 19 situation stabilizes.
- Families will continue to receive a one-month, fixed basket of food. By having a fixed basket of food at the e-voucher outlet instead of being able to choose your own, you will spend less time inside the shops. This means it is easier to maintain physical distancing. Also receiving a one month ration means people only need to collect food once per month which means you don't have to move around the camp as much. The best way to reduce the spread of COVID-19 is by physically distancing from people/staying home when possible and regularly washing your hands.
- Some commodities may change in the e-voucher food basket because of the availability of specific food items has decreased or the price of some food items has increased. If you see certain foods in a marketplace that are no longer in e-voucher outlets, it's because those foods are only available in smaller quantities but WFP needs enough to feed 860,000 people in the camps. However, WFP will always be able to provide enough food to meet food needs for everyone in the camps. We will not run out of food.
- WFP has also ordered extra stocks of key food commodities as a precaution so there is no risk of running out of food.
- The food basket we've provided has the basics you need to stay healthy and keep your immune system strong. This includes cereals and tubers such as rice and potatoes which gives you energy. Legumes such as yellow split peas and chickpeas are high in fibre and together with eggs provide you with a good source of protein nutrients like iron to help you have healthy blood. Healthy fats and oils like in the vegetable oil you receive give you an extra energy boost and help you to utilise vitamins and minerals.
- Eating a nutritious diet and drinking plenty of clean water are important for keeping your immune system strong to fight chronic illnesses and infectious diseases.
- Supercereal used to only be provided for children under five years of age or pregnant and breastfeeding women, but now WFP is providing SuperCereal to all households to help provide extra nutrition for everyone during the COVID 19 pandemic. This will help keep everyone in your family healthy.
- Supercereal is a specialized food that contains corn, flour, soya, milk powder, sugar, oil, vitamins, and minerals which provides additional nutrients and energy.
- It is a supplementary food and the porridge should be eaten in addition to other meals. It is not a substitute for meals. Children and pregnant and lactating women will be protected and recover quickly from malnutrition if they eat this porridge regularly in addition to family meals.



Precautionary measures at e-voucher outlets

- WFP has put measures in place to keep everyone safe when they collect their food. Only one person per family is allowed to enter WFP in-kind distribution points and e-voucher outlets and school aged children are forbidden, infants with parents are allowed however if possible we encourage you to leave them at home with a carer.
- Before entering the outlets and distribution points you must wash or sanitize your hands.
- You will no longer be required to use your fingerprint to verify your identity. You must bring your permanent mobilisation token, SCOPE card, UNHCR family attestation and Progress ID to check your photo ID.
- Family members who come to help you carry food must stand away from the gates of the outlet and at least 1 metre away from other people.
- If you are feeling sick you should not attend WFP in-kind distribution points or e-voucher outlets, to protect you and others. If you are sick, send your alternate to collect your food. If you do have a fever, dry cough, or trouble breathing please report to your nearest medical centre.

Staff precautions

- Confirmed cases of coronavirus have been found in the refugee camps. WFP are taking precautions to reduce the spread of the virus. This includes staff regularly washing their hands before entering or leaving the camps as well as throughout the day. Staff are also regularly monitoring their temperature and will not travel to the camps if they are feeling ill or have a fever. Additionally, staff who have recently been overseas, whether they are foreign or Bangladeshi, are not allowed into the camps.