

Guidance Note – Rapid Food Assistance

Food Security Sector (FSS) coordinates food assistance across all response actors. Below provides detailed specifications on rapid food assistance in response to natural disaster in the Cox's Bazar Context. In order to ensure efficient response, it is requested that all actors engaging in food assistance coordinate through FSS in order to affectively address urgent needs and avoid duplication. The same assistance should be provided to host communities directly affected by the fire based on needs and upon request by local authorities.

- [Link to ISCG/EPR resources](#)
- [Link to FSS Emergency response resources](#)
- [Global Food Security Cluster – Cooked meal distributions in emergencies – practical guide](#)

There are three recommended emergency food responses:

- **For immediate coverage:** High Energy Biscuits (HEB) are deployed to all impacted households. In the Cox's Bazar Response this initial response, emergency HEB distributions is led by WFP.
- **Hot meals and community kitchens:** In parallel, at the onset of emergencies, considering that affected populations do not have access to cooking facilities, hot meals should be activated as close as possible to impacted area (while not compromising physical or food safety) - suggested only one actor operates per block and strong need for coordination on locations with FSS.
- **Complementary dry snacks:** To compliment hot meals and ensure nutritional and caloric intake, complementary dry snacks are recommended to be distributed in coordination with FSS.

FSS Recommended Rapid Response Food Assistance specifications provided below:

Assistance Type	Details	Timeline	Duration/Frequency
HEB			
High Energy Biscuits	100 (50g) packets per family or equivalent (within first 24hrs)	Within 24 hours of emergency response	Repeated as per needs
Cooked Meals - two times (Lunch, Dinner)			
Lunch	Rice + dal/pulses + vegetable/tubers (curry/mixed) (60-100bdt per meal)	Lunch: begin by 11:00 (potentially earlier)	Daily - begin within 48hr and continue until access to kitchen facilities is restored
Dinner	Rice + dal/pulses + vegetables (curry/mixed) (60-100bdt per meal)	Dinner: begin by 16:00	
Complementary Dry Snacks (to compliment main food assistance)			
Complementary Dry Snacks	Bread 2 packets (40 slices), puffed rice (1kg), molasses (.5kg), biscuit packets (5), peanut (1kg), apple/fruit (recommended/ requested by refugees)	Breakfast: Refugees have noted preference for early morning (8:00 –10:00am) distributions to suffice until hot meal distributions	1-2 times weekly - continue until access to kitchen facilities is restored

Cooked meal packet with rice, dal, and vegetables (curry/mixed)

