FARM STEW South Sudan
Presentation on Community Engagement on Sustainable Gardening

By
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Brief introduction of FARM STEW South Sudan

- FARM STEW South Sudan (FS–SS) is a non-profit making organization that was founded in South Sudan in November 2018. It is a Christian organization promoting the health and wellbeing of rural and small families.

- **FARM STEW:** F (Farming), A (Attitude), R (Rest), M (Meals), S (Sanitation), T (Temperance), E (Enterprise) and W (Water).

- **Our mission** is to improve the health and wellbeing of poor families and vulnerable people around the world.

- **Our Vision:** Families, communities, and nations who thrive by achieving abundant life both now and for eternity

- **FS–SS core sectors:** FSL, WASH, Education, Health and Nutrition.
## Geographic areas of Operation

<table>
<thead>
<tr>
<th>State</th>
<th>County</th>
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<tbody>
<tr>
<td>Western Equatoria</td>
<td>Maridi and Yambio</td>
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<td>Western Bar el ghazal</td>
<td>Jur river</td>
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<tr>
<td>Warap</td>
<td>Tonj South</td>
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<tr>
<td>Central Equatoria</td>
<td>Yei and Juba</td>
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<tr>
<td>Eastern Equatoria</td>
<td>Magwi, Torit and Ikwotos</td>
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<td>Jonglei</td>
<td>Bor south</td>
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Approaches

➢ Volunteers.
A group of 50HH is being trained and managed by Volunteers. volunteers are trained on eight(8) recipe of Abundant life(Farming, Attitude, Rest, Meal, Sanitation, Temperance, Enterprise, Water).

➢ Village Based Advisors (VBAs)
Each VBA is expected to trained and managed 100 farmers.
Main Activities

- Promotion of Vegetable gardening: kitchen gardens, hanging gardens etc
- Solar drying of vegetables to preserve for future use
- Emphasis on attitude change program (self-reliance, negative cultures, hard work, innovative minds)
- Promotion of fruit tree and commercial tree growing
- Promotion of seed to farmers via VBAs
- Promotion of Soya bean production
- Soya bean Varieties trial/Research
- Preventive Nutrition
- Community Self-reliant Initiatives
- Drilling and rehabilitation of boreholes
- STEW)
Carrot production in Tonj South
Promotion of hanging gardens in homes
Solar drying of vegetables
Soya production in Magwi
Main activities cont

- Training on agribusiness and entrepreneurship skill
- Provision of farming tools and seeds
- Training of Volunteers on 8 recipe of Abundant life (FARM)
- VSLA program to instill and promote the culture of saving among the poor communities
- Training of women and youths in basic agronomics practices including post harvest management for vegetables, and crop.
- Promotion of farming groups and cooperatives
VAlue addtion soya products
Lesson learnt

- Preventive nutrition training are more effective in fighting malnutrition.
- Attitude change program have changed men to become more responsible to support their wives and even in house work.
- HH are able to give rest to land: crop rotation and fallow system.
- Households have learnt to prepare varieties of vegetables, "the rainbow dish," protein and micronutrient-rich complementary foods for children, and careful, hygienic food preparation.
Lesson learnt

- Household learnt having pit latrine, proper care of latrine and environmental hygiene contribute to healthy family.
- Pads distribution have increased enrolment
- Moderation in everything, self-control, faithfulness to the spouse, and total abstinence from addictive substances amount to stable family
- Household economy, saving, debt avoidance and resource management are some of the benefits, households get when they are engaged in VSLA program.
Farming

Vegetable group watering their nursery bed under supervision of the volunteer

Farmers group weeding their soy bean garden
Trained oxen are cultivating the farmer’s garden

Mr. Anthony is packing his maize product in 100kg sacks, Obbo-Magwi County hiring the oxen for cultivating his farm
Result of Attitude Change

Volunteer displaying Carrot harvested from his farm in Tonj South, Warap State
Meal

Kitchen gardening

Session during training on meal by a Volunteers
Sanitation

Tippy tap for washing hands after using latrine

Session during distribution of Menstrual hygiene kits to school girls
Promotion of seed to Farmers via VBAs

2021–09–17: During distribution of small pack (50g) to farmers by VBAs in Magwi County, EES.

2022–04–11: during practical training of VBAs in Maridi County, EES.
Field days at demo plot

2021-11-30: status of crops at demo plots at Fataenna, Magwi County, EES

2021-10-15: During farmers field days in Magwi County, EES
Training on entrepreneurship and business skill

2021–11–26: Performance of beans(Nabe 17) in Maridi County, WES. Average yield recorded is 1.5 to 2Kg recorded by each 50g small packs

2021–12–27: A farmer displayed her demo products during field visit in Magwi county: E.g Cowpeas(1 to 1.5 Kg recorded per each small packs)
Promotion of Soya bean production

Threshing of soy bean

Soy bean Varieties trial plot
Other trainings

Community initiative for self-relient training

TOT training for FARM STEW staff
Water

Provision of safe drinking water
Thanks for being patient