



Referring GBV cases and key services for GBV survivors

FSL Meeting

NWSW - Cameroon

8th March 2022



Objectives of the presentation

- Review key information on GBV
- Review key services for GBV survivors
- Review information on role a non GBV Specialist can play to address GBV and to do safe referral for GBV survivors

Gender Based Violence(GBV)?

- ⊕ Harmful act perpetuated against someone because of their gender. Its based on unequal power relationships between the two genders(gender inequality).
- ⊕ It includes acts involving physical, sexual or mental abuse.
- ⊕ Includes also acts, threats, coercion and other forms of deprivation of liberty.
- ⊕ Perpetrated against a person's will (It is characterized by a lack of informed consent)

What are the examples/forms of GBV?

- Rape
- Intimate Partner Violence/family violence or domestic violence
- Physical violence like beating, use of weapons to hurt someone, etc
- Emotional or psychological violence
- Sexual harassment
- Sexual Exploitation
- Harmful traditional practices
- Forced marriage/early or child marriage
- Denial of resources or opportunities
- Trafficking in human beings for sexual or physical exploitation



GBV is life threatening like any health condition!

Physical Health consequences

Acute Physical

- Injury
- Shock
- Disease
- Infection

Chronic physical

- Disability
- Somatic complaints
- Chronic infections
- Chronic pain
- Gastrointestinal
- Eating disorders
- Sleep disorders

Reproductive

- Miscarriage
- Unwanted pregnancy
- Unsafe abortion
- STI's including HIV/Aids
- Menstrual disorders
- Pregnancy complications
- Gynecological disorders
- Sexual disorders

Fatal Outcomes

- Homicide
- Suicide
- Maternal mortality
- Infant mortality
- AIDS-related



Emotional / Psychological consequences

Non-pathological distress

- Fear, sadness, anger, self-blame, self-hate, shame, guilt, inability to make even minor decisions

Anxiety disorders

- Post-traumatic stress disorders (PTSD), Rape Trauma Syndrome (RTS)

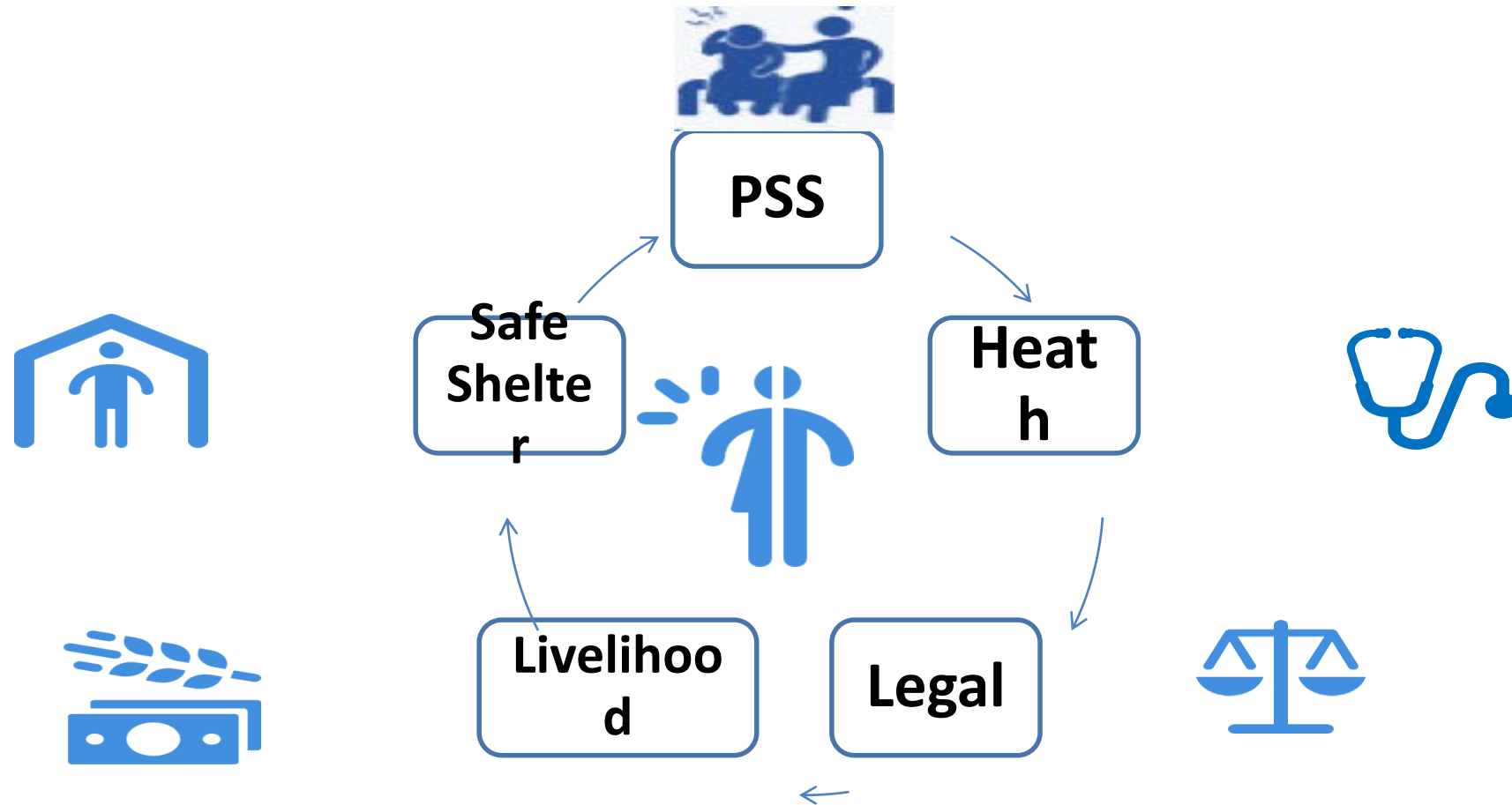
Depression

Medically unexplained somatic complaints

Alcohol and substance-use disorders

Suicidal thoughts/behavior

key services a GBV survivor require

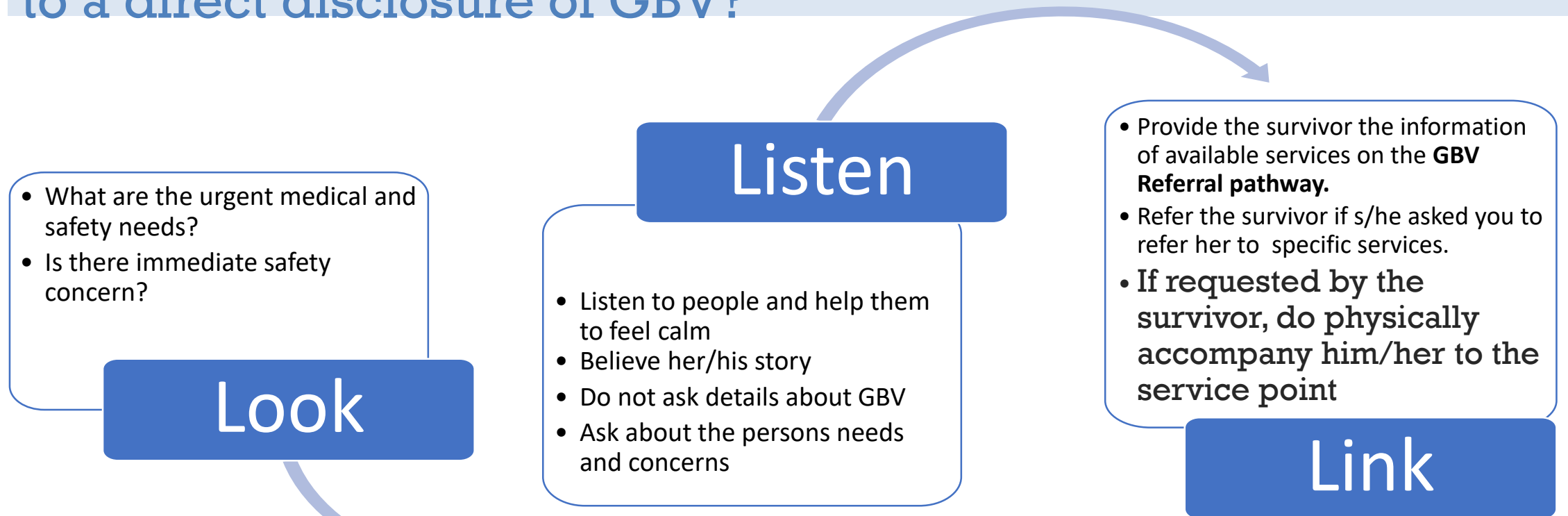




Addressing GBV

- **Addressing GBV is a collective responsibility**
- Everyone has a role to play to minimize the GBV risks(risk mitigation)
- **But not everyone is qualified to do all the work such as GBV case management, psychosocial support, medical care, legal services.(this is done by only GBV Specialists)**
- **survivor identification during work is strongly prohibited**
- **Action is taken once a disclosure is made/reported(by everyone including non GBV Specialists)**

What Steps should a non GBV Specialist undertake to respond to a direct disclosure of GBV?



Important note: Its important for a humanitarian worker to have an updated copy of the GBV referral pathway.



GBV referrals is very significant because.....

- Survivors have many complex needs that need to be addressed by a comprehensive set of services.(A single organization cannot provide all of these services effectively.)
- GBV services that save lives are critical in terms of time (health, safety and security, psycho) .
 - ✓ **post-exposure prophylaxis to reduce risk of HIV infection must be provided within 3 days(72 hours)**
 - ✓ **Emergency contraception to minimize risk of unwanted pregnancy, provided with 5 days(120 hours)**
 - ✓ **evidence collection for legal purposes, the medical examination should be arranged and recorded as soon as possible (48 hours)**
- **Urgent Safety referral:** urgent threat to the survivor , family or service provider:
 - ✓ **Security services/Safe Shelter**

What are the key Guiding Principles- when helping GBV survivors

RESPECT

All actions taken are guided by respect for the choice, wishes, rights and dignity of the survivor.

SAFETY

The safety and security of the survivor is the number of priority for all actors.

CONFIDENTIALITY

People have the right to choose to whom they will or not tell their story. CONFIDENTIALITY means not sharing any information at any time to anyone without permission

NON DISCRIMINATION

Provide equal and faire treatment to anyone in need of help

Thank you